

# *Faith*

Can Move Mountains  
Matthew 17:20

# *Trust*

In the Lord with all  
your heart  
Matthew 17:20

# *Love*

Each Other as I have  
loved you  
Proverbs 3:5

# *Hope*

Anchors the Soul  
Hebrews 6:19



# Prayer Journal

Date: \_\_\_\_\_

*Today I am Grateful For*

*People to Pray For*

*Answer to Prayers*

*Short Term Requests*

*Long Term Requests*

# pray

A

**Adoration**  
Praise God for  
Who He is

C

**Confession**  
Confess your sins to God  
and ask forgiveness

T

**Thanksgiving**  
Tell God what you are  
grateful for.

S

**Supplications**  
Ask God for What You  
Need.



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